

The Sun

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South Bay to hold clean up day

A clean up day will be held in the City of South Bay on Saturday, May 31. Commissioner Charles L. Davis, who is spearheading this effort, is welcoming all volunteers to come out and assist in making South Bay beautiful.

The clean up effort will begin at 9 a.m. at Cox park, located at N.W. 8th Avenue. Refreshments will be served.

For further information, call 996-6751.

Pahokee offering summer youth recreation program

The City of Pahokee Recreation Department will be offering an eight week summer recreation program starting June 3 through August 15.

Applications can be picked up at the City of Pahokee Recreation Department, 360 East Main Street.

Anyone who has received a scholarship letter from the Palm Beach County Community Action Program needs to bring that letter to the recreation department as soon as possible and complete an application, also.

For camp information, call 924-2972 or 924-2976.

Libraries to offer story hour

The Belle Glade, Pahokee and South Bay libraries are offering "Summer Story Times" for children of all ages beginning June 16 and continuing through August 8. Pre-registration is required. Parents should all the Belle Glade Municipal Library at 996-3453 to register for any of the three programs.

Revival going on in South Bay

The South Bay Church of God is holding revival services tonight and tomorrow night at 7:30 p.m. The church is located at 156 N.W. 9th Avenue, and the guest speaker is Rev. Dr. Elbert Williams of the Church of God in Ft. Lauderdale.

Pastor Edgar L. Miller invites residents to attend the services.

Home repairs offered to needy

Life Builders, a Men's Ministry, is offering repairs to the needy. If anyone has a home or car that needs repair and they are unable to do so, please call 924-7284 or 996-5008. Life Builders says this service is especially offered to widowed women in the Glades who are unable to do this type of work and are in need of these services.

Bereavement Support Group

Hospice of Palm Beach County is offering bereavement support for local residents. Anyone who is having a difficult time dealing with the death of an important person in their life, struggling with loneliness and a changing social role, is invited to attend.

The support group meets every Tuesday afternoon from 4 to 5 p.m. at the Golden Glades Hospice Office, located at 125 S.E. Avenue E, Belle Glade (behind insurance company/Children's Home Society). Parking is available at Bank of Belle Glade. For further information call 996-1285.

Lunch offered to children

The City of Pahokee Recreation Department is offering the Summer Food Service Program for Children during the months of June, July and August. The program, similar to the national School Lunch Program, provides nutritionally balanced meals to needy children regardless of race, color, creed, religion, sex, handicap, age or national origin during the summer vacation when school breakfasts and lunches are not available. All children 18 years old and younger, both enrolled and non-enrolled are eligible to eat lunch at no charge.

The sites include the city park, 601 Bacom Point Road, Pahokee Elementary, the Padgett Island Center, 899 Padgett Circle, and New Hope Foundation, 7450 SR 15.

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Glades General Hospital hires new Chief Officer

By Brenda Bunting
Editor

Glades General Hospital has a new Chief Executive Officer at the helm. Gene Faile came on board Monday and will direct the 73-bed medical/surgical hospital, which has a staff of approximately 300. Glades General is at 1200 South Main Street, Belle Glade and is owned by the Palm Beach County Health Care District.

Mr. Faile has 15 years experience in health care, most recently as the executive director for the Community Hospital of Rocky Mount, North Carolina. While there, he was responsible for an 80-bed medical/surgical hospital with a medical staff of approximately 100. He led the hospital to its largest annual profit to date and set up the facility's managed-care program. He also oversaw the building of a new emergency department and acquired an ambulatory care center.

Prior to that, Mr. Faile was administrator for Northeast Medical Center, a 65-bed acute care hospital, in Bonham, Texas. While residing in Bonham, Mr. Faile was named "Outstanding Businessman of the Year," by the Chamber of Commerce. This achievement recognized Mr. Faile's responsibility in turning around the hospital to make its first profit in 20 years.

Faile has a Master's degree in Business Administration and a B.A. in Accounting. He has been the CEO for Humana Hospital in Jackson, a 162-bed medical/surgical/alcohol and drug facility in Jackson, MS; Controller for HSA Gulf Coast Hospital, a 79-bed adolescent and child psychiatric hospital, in Fort Walton Beach, FL; Assistant Administrator for Medical Center of Southeastern Oklahoma, a 100-bed medical/surgical hospital in Durant, OK.

"I see a tremendous opportunity here to expand the services offered to our community and make our hospital, a facility for which our community can be proud," said Mr. Faile.

Mr. Faile and his wife, Peggy, have a son, Micah, who will graduate from high school this year and a daughter, Rebecca, who is in the first grade. Micah has been accepted at Florida State University, but may go to the University of West Florida, his father's alma mater, since he has been accepted into the honors program at West Florida.

Iris Tanager, Chairman of the Board at the hospital said she believes the board made a good choice in selecting Mr. Faile to head up the hospital. "I believe he will continue the progress we've already made in providing quality health care at Glades General Hospital and we welcome him on board," she said.

Survey says consumers support a "Country of Origin" labeling

A public opinion survey commissioned by the Agriculture Institute of Florida shows that almost 96 percent of Florida grocery shoppers believe all produce should be labeled to show its country of origin. Only about 4 percent of the respondents disfavored country of origin labels.

"Florida consumers clearly support their state's country of origin laws for fresh fruits and vegetables," said Ray Gilmer, director of communications and education for Florida Fruit & Vegetable Association and a member of the board of the Institute. "This survey underscores the need to push for national legislation that would afford the same information to

produce consumers in all 50 states."

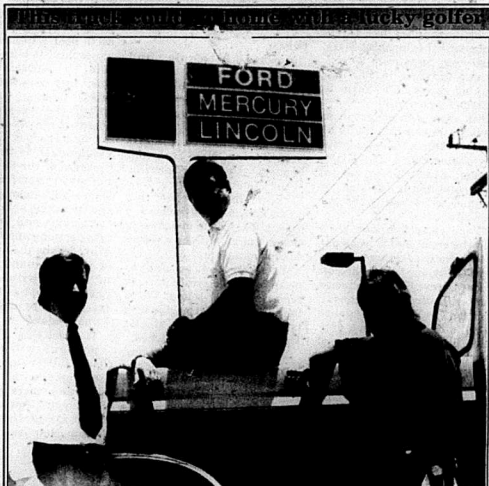
Since 1979, Florida law has required that country of origin of imported fresh fruits and vegetables be identified at the point of sale. This year, Rep. Sonny Bono (R-Cal.) introduced federal legislation that would require similar labeling from coast to coast.

The survey also showed that 66 percent of consumers believe that domestically grown fruits and vegetables are less likely to be contaminated with pesticides or disease-bearing organisms than those grown in other countries and imported into the United States.

"Florida consumers believe in See, Origin, Page 5



Gene Faile



THE BOYS AND GIRLS CLUB OF THE GLADES is hosting the "Glades Classic Golf Tournament" on May 31 at the Belle Glade Municipal Golf Course. Participants have a chance to win a Ford truck, courtesy of Glades Ford, if they score a hole-in-one on Par 3. Shown, from left, are Dale Morris, president of the Boys and Girls Club of the Glades, Steve Weeks, board member and Mike Horsley, owner of Glades Ford. To participate in the tournament, call Tournament Chair Sue Teets at 996-0100.

Worker critical after falling off roof

A nineteen-year-old man is in critical condition after falling off the gym roof at Glades Day School on Gator Blvd., Belle Glade, while replacing sheet metal.

Jose Roblero of West Palm Beach fell approximately 50 feet to the gym

floor on Friday, May 16 while attempting to pull back a piece of sheet metal from the roof. Witnesses say Roblero lost his balance and landed face down on the floor.

He was stabilized by Belle Glade Emergency Medical Service personnel

and then taken by Trauma Hawk to St. Mary's Hospital in West Palm Beach where he is still in critical condition.

Roblero worked for Sencob Steel. The company was sub-contracted to do the work by Lutiz Builders of Belle Glade.

PBCC Trustees appoint new president

Palm Beach Community College District Board of trustees selected Dr. Dennis P. Gallon as PBCC president at the May 14 meeting. Gallon currently serves as the president of Kent Campus at Florida Community College, Jacksonville.

With a 25-year association with the Florida Community College System, trustees say Gallon brings a wealth of experience and knowledge to his new position as PBCC's CEO. After joining FCCJ in 1972 as an instructor, he was promoted to a variety of positions including business manager, dean of occupa-

tional, adult and continuing education, dean of instruction, dean of liberal arts and sciences, and associate vice president of instruction.

Gallon was awarded a doctor of philosophy (Ph.D.) and specialist in education (Ed.S.) degree from the University of Florida. He received a master of science degree from Indiana University, Bloomington, and a bachelor of science degree from Edward Waters College, Jacksonville.

A decision concerning Gallon's exact starting date will be determined during contract negotiations.

Farm groups question land-purchase plan

United States Sugar Corporation and Farm Bureau are questioning the U.S. Department of the Interior's land purchase plans in the Everglades Agricultural Area. The Department held hearings on the plan May 7 in West Palm Beach.

"This is an unfunded tax mandate by stealth attack," said Robert H. Buker, Jr., Senior Vice President of U.S. Sugar. "Interior is trying to fly in low and drop a massive land-purchase program on Florida without dropping in the dollars to pay for it. In effect, they are mandating new Florida taxes."

The Department of the Interior is proposing to buy a vast, but as yet unspecified, number of acres in the farming region north of the Everglades, for water

storage purposes. A recent study has warned that the Interior's "water storage" plans could produce a severe water shortage in South Florida by accelerating evaporation.

These new, proposed land purchases are in addition to purchases in the same region by the South Florida Water Management District of more than 62 square miles for Everglades restoration.

The leader of Florida's largest agricultural organization, Farm Bureau, said the draft document that lays out plans by the U.S. Department of the Interior to acquire land within the EAA could hurt people, communities and the South Florida tax base. "It could even jeopardize Everglades restoration activities," said Florida Farm Bureau

President Carl B. Loop, Jr. Loop spoke at the public meeting May 7, saying, "There is certainly trouble on the horizon for the citizens of the Everglades Agricultural Area and all Florida taxpayers if this draft report makes its way into a final report in its current form," said Loop. "The Interior Department's report repeatedly recommends purchasing land in the Everglades Agricultural Area, but the EAA itself points out the Interior would acquire the lands before plans are complete on how to use them for restoration of the Everglades ecosystem."

Loop pointed to a public opinion survey conducted in April by researchers at the University of South Florida for the Agriculture Institute of Florida. In

See Land, Page 5.



AND TIGGER TOO... Winnie The Pooh was performed Tuesday evening at the Dolly Hand Cultural Arts Center. This was the final children's performance for the season.

Have You Ever Smelled a Tornado?

By Mike Lyons

It was a made-for-television tornado. Never before have so many cameras photographed such a rare event. Then again, tornadoes don't often appear in the middle of downtown Miami.

At least six professional television photographers and dozens of amateurs captured last week's twister on videotape. Hundreds of other people saw the tornado first hand. It was a sight all of us will never forget.

Yet, tornadoes are fairly common in the Sunshine State. Last year, there were 69 confirmed twisters in Florida, ranking us second to Texas in tornado frequency.

Still, most of those tornadoes were obscured by clouds or rain and only a few were actually photographed. The Miami tornado wasn't hiding behind any rain bands. Indeed, it seemed to be posing for the photographers.

"Take away the palm trees and the ocean and it looks like a tornado in Oklahoma," said Fred Ostby, the former director of the Severe Storms Forecast Center. Ostby, now a consultant for The Weather Channel, said he had never seen anything like it in his 45 years of experience.

Surprisingly, this wasn't the first tornado in downtown Miami. The last time it happened was in the 1960s, when a twister struck early in the morning. No one saw the tornado, but just about everyone got a good look at last week's



Mike Lyons

twister.

Howard Altschule and Bernard Vonnegut want to know if anyone smelled the tornado. That's right, did anyone smell the tornado in downtown Miami?

Altschule, a meteorologist from Beacon, New York and Vonnegut, a professor emeritus at the State University of New York in Albany, are working on an unusual and fascinating project. They hope to answer a simple question: Does a tornado produce an odor?

We know that tornadoes make a lot of noise. Witnesses report a twister sounds like a freight train, a jet engine or a million bees. But, a smell? That seems a little farfetched.

Yet, Altschule and Vonnegut have uncovered a number of cases where tornado survivors reported they actually smelled the twister. In nearly all the cases, the tornado produced an odor similar to sulfur.

On May 15, 1968, a tornado struck Bardwell, Oklahoma.

The local newspaper reported "unusual colors in the clouds, explosions in the air and the smell of sulfur following the passage of the tornado."

On June 10, 1879, a witness said a funnel "charged with sulfur, leveled a home and cast it upon a prairie." In October of 1883, a tornado produced a "deafening roar and a sulfurous odor."

Altschule and Vonnegut are unable to explain why a tornado seems to smell like sulfur. "It appears unlikely there would be enough sulfur on the earth near a tornado or in the atmosphere to burn," Altschule said. "It is possible that the smell may have been misidentified."

Still, the researchers have dozens of reports of sulfur-producing tornadoes. One possible explanation is that the low pressure of the twister draws noxious gases from sewers. Those gases can produce an odor matching sulfur.

Altschule and Vonnegut are also pursuing another mystery: Why, despite the huge increase in population and the number of tornado witnesses in the past century, has there been a steep decrease in the reports of tornado odors?

It seems that Altschule and Vonnegut will have their hands full for some time. If you have smelled a tornado, the two researchers want to hear from you. You can contact them at: 11 Orchard Street, Edison, New Jersey 08820.



The West County Senior Citizens Center is located at 2916 State Road 15 in Belle Glade (out by the courthouse). They are open Monday through Friday from 8:00 a.m. until 5:00 p.m. Lunch is served daily at noon. If you'd like to join us in activities, but have special transportation needs, call 996-4818 and arrange-

ments can be made.

The center offers a variety of activities to keep both mind and body active. The center is open to all seniors, regardless of sex, race, religion, disability or financial situation.

For an update on center activities, tune in to WSWN, 900 on the AM dial, at 6:30 and 8:00 a.m. daily.

This week's scheduled activities include:

• Thursday, May 22 - Sing-a-long.

• Tuesday, May 27 - Physical Fitness Through Bicycling.

• Tuesday, May 27 - Sharing Day. Everyone brings a covered dish.

• Wednesday, May 28 - Talent Show.

Pahokee Garden Club Spring Luncheon and Installation of Officers

By Yvonne Jones

"Down the Garden Path" was the theme at the Pahokee Garden Club's Spring Luncheon and Installation of Officers on May 20 at the First United Methodist Church in Pahokee.

After a blessing from Rev. Ronald Jones, members enjoyed a buffet lunch of delectable dishes while Shirlee Ingram, the club's president, gave out door prizes provided by Averill's, the Rose Petal and Badcock Furniture.

Members and guests were introduced and the following officers were installed by Mrs. Jess (Tina) Elliott, a charter member of the garden club who now resides in LaBelle:

President: Shirlee Ingram

Recording Secretary: Tommie Lee DuBoise

Corresponding Secretary: Hilda Wilkinson

Treasurer: Margaret Wilkinson

This year is also the celebration of the Pahokee Garden Club's 60th Anniversary.

Did You Know?

You May Have To Ask

(NAPS)—If you are shopping for durability in home or auto product, don't forget to ask if it comes powder coated. Thousands of products are and they are more durable, attractive, and resilient to everyday wear and tear.



Just name a product that take a beating—chances are it will be powder coated. This goes for such a wide range of items as golf clubs, refrigerators, vacuum cleaners, aluminum door and window frames, motorcycles, wiper blades, air conditioners, mail boxes, and office furniture. Not to mention nearly every part of a car from its bumpers to its steel wheels.

Why It Works Better In its application, finely ground electrically charged particles (pigment and resin) are sprayed onto electrically grounded surfaces. The dry powder particles are then heated, causing them to chemically fuse to the surface of the product. Around for 40 years it's also proved a more friendly process environmentally.

Many Color Choices Powder coating comes in a color and a variety of glosses at textures including clearcoats or metallics. So when you choose products for their decorative, as well as practical value, powder coating doesn't limit your choices. You may not notice anything different about a powder coated part until you use it, and you'll know. But make sure you ask before you buy!

SEARS

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White Kenmore top, Waa 47999
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spinner, push action
controls. 27812

349⁹⁹
Through May 24, Reg. 39999
save \$50
Super Capacity Plus
dryer with 10 cycles,
4 temperature settings
and night drum. 66722

599⁹⁹
White quantities left, Waa 64999
save \$50
18 cu. ft. with adjustable spill-
proof glass shelves, golf bag door
storage and meat drawer. 66641

949⁹⁹
Reg. 114999
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19.8 cu. ft. refrigerator—America's
quietest side-by-side refrigerator.
Spill-proof glass shelves. 51071
*Based on a study by an independent
laboratory using consumer panel comparisons
of all major U.S. refrigerator manufacturers.

159⁹⁹
Through May 24, Reg. 17999
save \$20
1.6 cu. ft. microwave with 1,000 watts
of power, EvenWave™ cooking and
6 quick touch controls. 66402

349⁹⁹
White quantities left
—Waa 47999
**closeout-
save \$150**
30-in. electric range.
Self-cleaning oven,
lift-up cooktop and
black glass door. 63371

649⁹⁹
Sears low price
RCA 32-in. TV. Broadcast stereo with
Dolby noise reduction and MasterTouch
universal remote. 43899 (Mfr. #3263238)

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universal remote control. 43729 (Mfr. #2725297)

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cooled Platinum engine, 6-speed fender shift.
25852

999⁹⁹ Sears low price
Craftsman 14.5-hp. 42-in. lawn tractor with
V/C Gold OHV engine and 6 speeds. 25851/811
Tractors require some assembly

159⁹⁹ Sears low price
Craftsman 4-hp.
20-in. mower. Ego-Gen
engine for one-pull
starts, Vac edge
cut. 38702/772

179⁹⁹ Sears low price
Craftsman 5-hp.
22-in. hi-wheel mower
with Ego-Gen engine.
14-in. rear wheels
are ideal for
rough and
hilly terrain.
38706/776

299⁹⁹ Special
purchase
Craftsman 13-drawer,
chest and cabinet
combo. 12,760 cu. in.
of storage space.
60239/5755
8-drawer chest... 13999
5-drawer cabinet... 15999

39⁹⁹ Special
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A. Craftsman 2-pc. Robo-Cut® pliers set. 43019
B. Craftsman 2-pc. pocket screwdriver set. 43376
C. Craftsman 2-pc. auto lock pliers set. 43308

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In its application, finely ground
electrically charged particles (pigment
and resin) are sprayed onto electrically
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are then heated, causing them to
chemically fuse to the surface of
the product. Around for 40 years
it's also proved a more friendly
process environmentally.

Many Color Choices
Powder coating comes in a
color and a variety of glosses at
textures including clearcoats or
metallics. So when you choose
products for their decorative, as
well as practical value, powder
coating doesn't limit your choices.
You may not notice anything
different about a powder coated
part until you use it, and you'll
know. But make sure you ask
before you buy!

**YOU CAN COUNT ON SEARS
FOR SATISFACTION GUARANTEED
OR YOUR MONEY BACK.**
This commitment includes major reductions,
special purchases and all of our everyday low price items at
most major stores. Outside store discounts, Environmental
savings apply.

Each of these advertised items is readily available for sale at advertised. Most large items inventoried in warehouses. Allow reasonable time for delivery. Some model
appliances and electronics available by special order only in smaller stores. Appliances prices are for white. Colors, accessories and optional features may add extra. Size
model varies priced higher. TV screen size measured diagonally, reception simulated. *Total capacity.

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Sale prices good May 22 through May 24

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Medical Services

Take Your Medication

By Paula Swaford, RN

I must be the world's worst medicine taker. Do any of you hate to take medication as much as I do? Many people do, even though they know that taking the medication will make them feel much better and improve their overall well-being. Are you guilty of only half-way listening to the doctor when he/she prescribes the medication for you? Many people decide not to bother getting the prescription filled, even before the ink is dry on the piece of paper.

A study has found that over 20 percent of persons over the age of 45 fill the prescription, but never intend to follow the physician's instructions concerning the medication. This leads to one of the most significant, costly national problems



Paula Swaford, RN

we have...that of medication non-compliance. One study found that of 315 elderly patients, nearly 30 percent of their hospitalizations were medication-related. Consumers and the general public are not always made aware of how important the drug is and how important it is to ask questions. So let's examine a few of the reasons that people don't

take prescribed medications.

First, some people simply don't know any better and they practice what is known as unintentional noncompliance. A common example is the use of antibiotics. Many people are unaware that they are at a greater risk for reinfection or other problems if they don't complete the typical 10-day course. Around the third or fourth day, they start to feel better and up to 80 percent of them will stop taking the medication. The bacteria in their body can then get "a second wind" and become resistant to that specific drug. The illness can easily flare up again and a more expensive antibiotic will have to be used to kill the germ.

Secondly, a greater number of people fall into the category of intentional non-compliance.

Typically these folks are not sure they really need the medicine and they're not real sure they want to take it. The reasons for this are varied: some are concerned about how it will make them feel, some think they'll just "wait it out" and see if they get well without the drug, etc.

Thirdly, the cost of a medication seems to be a minor factor in whether to fill a prescription or not. The exception to this is with poor, elderly Medicare patients who have no supplemental insurance to pick up the cost of expensive medicine. It is not a pleasant decision to have to decide to use what little money you have on medication or on food.

In general, a lack of crucial information about why they should take their medications

appropriately and a lack of good communication between patients and their caregivers underlie many patients



actions. People can forget 50 percent of the verbal instruction they are given and the written information may be too far above their level of understanding to make and impact. They don't want to be perceived as "dumb" so they don't ask the necessary questions of their healthcare providers. I'm sure you have heard the story of the elderly gentleman who complained to his physician that "those long skinny pills

you gave me sure tasted terrible". The doctor looked puzzled as he had given the man a prescription for "rectal suppositories" to treat his hemorrhoids!

All healthcare providers, including doctors and nurses, are guilty of talking "medical-ese" to their patients and getting upset with them if they don't understand what words like p.o., "void", "BM", etc. mean. How can a patient answer the question correctly if they don't understand that "BM" means bowel movement?

All members of the healthcare community as well as the community in general must come together to look at the overall "big picture" regarding medication non-compliance and its impact on the health and financial aspect of the population. Until next time... stay informed and stay healthy.

Massage Therapy and Chiropractic May Be the Key to Easing Your Pain

Contact Lens Council Offers Tips for Safe Wear and Care of Lenses in Spring and Summer

This spring and summer, many outdoor enthusiasts and recreational athletes that require vision correction are choosing to wear contact lenses instead of glasses. According to John Monaco, Chairman of the Contact Lens Council (CLC), "today's contact lens consumer can choose from a wide range of contact lenses to meet their eye care needs, making them an increasingly popular choice for vision correction year-round. As people become more active in the spring and summer, however, factors such as convenience and comfort become all the more critical."

Current lens wearers and those considering contacts can all the CLC at 1-800-894-4CLC to get information on the safe wear and care of contact lenses. They can also access CLC materials on-line at www.iglobal.com/clc/.

People who participate in outdoor sports and activities (softball, gardening, tennis, etc.) find that contact lenses offer improved depth perception and peripheral vision as well as a wider field of view that is not limited by eyeglass frames. Contact lenses do not fog up or smudge, and they can improve a person's ability to judge the distance and speed of objects and other people.

"Whether you are spending your 'golden years' on the golf course, or you're a teenager involved in extracurricular activities, contact lenses are a natural fit for people with an active lifestyle," Monaco continues, "one should consult a qualified eye care professional in order to find the contact lens that meets their needs."

Did you know that... Over 130 million people suffer from some type of vision problem. Of that group, 26 million have chosen to wear contact lenses. While this number continues to grow, many people are unaware of the advantages that contact lenses can offer them. The following points highlight several recent developments in the contact lens field:

Contact lenses are fashionable. Unlike spectacles, contact lenses don't hide a person's eyes and face. This allows a lens wearer to correct their vision problem without "announcing" that they have a problem. Today, lens wearers

also have the ability to enhance or change their eye color with tinted soft lenses. The color is seen on the eye, but does not affect the color of things seen. Additionally, there are visibility tints, which are lenses that are lightly tinted to make them easy to find but which don't change the color of your eyes.

Contact lenses don't require time-consuming daily maintenance. While daily maintenance is necessary for many types of contact lenses, regular cleaning of lenses has become much more convenient than in the past. Multipurpose lens care products make caring for contact lenses quick and easy. Popular alternatives include single use disposable contact lenses, which require no routine care because they are designed to be worn once, and thrown away.

There are bifocal contact lenses. As people age, their eyes lose some of their ability to shift and re-focus between near and distant objects. Presbyopia, or "aging eyes", is the natural loss of elasticity in the eye's lens. It begins around age 40 and is first noticeable when small objects such as fine print become blurred. Traditionally, half-glasses or bifocals used to be the only answer for people with presbyopia. Today, however, there are a number of contact lenses that can correct this condition, including multifocal contacts and specialized fitting techniques such as monovision.

Contact lenses can correct astigmatism. Nearly 71 million Americans suffer from astigmatism, an irregularly shaped cornea which causes light images to focus on two separate points in the eye, creating a distorted image. Individuals suffering from this problem can use toric contact lenses. Unlike traditional contact lenses, toric lenses can be uniquely-designed to stay balanced and prevent turning on the eye. Toric lenses are also available to correct nearsighted and farsighted conditions, which sometimes occur in combination with astigmatism.

For more information, contact the CLC at 800-894-4CLC or www.iglobal.com/clc/.

By Dr. Bernard Stern, DC and Sharon (Sherry) Woods-Dunaway, LMT

When we feel pain it is natural for us to rub the place that hurts. By rubbing our sore muscles or pressing our aching temples we are trying, in our own way, to bring about a physical reaction to correct the underlying disorder. We are in effect attempting body manipulation, more commonly known



Sharon (Sherry) Woods-Dunaway, LMT

as massage.

Q. Is Chiropractic Care Safe?

A. In the words of the New Zealand government's inquiry, chiropractic care is "remarkably safe." Chiropractic has an excellent safety record. It is the result of a conservative approach to health that avoids invasive procedures or addictive drugs. A thorough case history and examination help reveal areas of the spine that may be causing nervous system malfunction. This information will be used to determine the best course of care for each patient. Chiropractic care is a natural approach to better health that is proven safe and effective.

Q. How Does Chiropractic Work?

A. Chiropractic works by restoring your own inborn ability to be healthy. When under the proper control of your nervous system, all the cells, tis-



Bernard Stern, D.C.

sues and organs of your body are designed to resist disease and ill health. The chiropractic approach to better health is to locate and help remove interferences to your natural state of being healthy.

A common interference to the nervous system is the 24 moving bones of the spinal column. A loss of normal motion or position of these bones can irritate or impair the function of the nervous system. This can disrupt the transmission of controlling nerve impulses.

With improved spinal function there is often improved nervous system function. Chiropractic can have a positive effect on many health conditions not normally thought of as "back" problems.

Q. Do I Have A Pinched



Nerve?

A. Many patients consult a chiropractic doctor because they think they have a pinched nerve.

Because of the way your spine is designed, abnormal spinal function caused from physical trauma, emotional tension or chemical toxins can affect the delicate tissues of the spinal cord and nerve roots.

While commonly associated with the spine, the pinched nerve (compressive lesion) is actually rare. Researchers suggest that only 10% to 15% of spine related problems are caused by direct pressure of bone on nerve tissue. This can result in numbness, burning or "pins and needles" feeling.

More frequently, nerves are

irritated (facilitative lesion).

This is caused when nerve tissue is rubbed, scraped, stretched by a loss of spinal curve or irritated by malfunctioning spinal bones.



A HANDS-ON APPROACH

Our chiropractic clinic offers proven massage therapy of spinal adjustment to treat your back, neck and nerve discomfort.

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OPINION PAGE



Feel strongly about local issues?



INVITES YOU TO
SPEAK OUT!
996-6636

To voice your opinion on any subject, call **Speak Out** at 996-6636, 24 hours a day. Readers can use this special number to pose questions, voice complaints, express opinions or pat somebody on the back. Unlike letters to the editor, **Speak Out** is designed for anonymous expression of opinions. We edit calls for clarity, brevity, relevance and fairness.

A message to parents

"I would like to address to the community, sub-division of Belle Glade, to be on the look out for tennis snatchers and thieves.

On Saturday, May 10, my son had hand-washed his Nike tennis shoes, and when he finished, he put them outside on the pole behind our home, which isn't 5' from our back door.

He and my husband came into the house to bring in the dry clothes and went back out there, less than three minutes later, and boom, no shoes!

I know they can't walk alone without feet. About two to three weeks after Christmas, someone came into our yard and took my son's go-cart we had just purchased. My son came into the house to use the rest room and get water. When he opened the front door, no go-cart.

We called the police to report it, but haven't seen it yet.

We are parents who teach our son about morals, to respect others, and their property. Not to go out and steal. He sees how hard his dad and mom work. He can't get everything he wants. We teach him to get his necessities, and if any extra money is left, he can receive some of his wants. And this is how he got Nike shoes

and a go-cart. We really saved our dollars to see our son happy. Now he's sad.

All this happened during daylight!

The only thing I ask the community - parents, please, talk to your kids about stealing. Let them know it's bad and if they ever come home with something that you know you didn't purchase, get some answers from them and make them return it to the rightful owner. Because when they bring stolen goods into your home and you see them and know you haven't bought them, you are just as responsible as the thieves who took the goods.

P.S. Hang your shoes inside your home to dry, because thieves are watching and stealing.

The only pair of Nikes my son ever had in his life that we could afford and after a year of saving for the go-cart - now it's all gone.

As parents it really hurts us."

Don't know the answer

"I saw the **Speak Out** on the business owners in Belle Glade (concerning abuse from customers) in last week's paper. I totally agree with the caller.

Solutions...I don't know of any...but I agree with the caller."

Letters to the editor

Dear Editor:

For many of us, Memorial Day Weekend marks the official start of summer, and summer means outdoor activities with family and friends - family get-togethers, picnics and other social events.

Those of us at Bernie Little Distributors, Belle Glade's distributor of Anheuser-Busch beers, encourage everyone in town to use good judgment when you're out with friends over the Memorial Day weekend. If you plan to enjoy beer or other alcoholic beverages at a picnic, barbecue or sporting event, "Know When to Say When" and be sure to choose a designated driver.

Our country has made great strides against

drunk driving. Drunk-driving fatalities were 35 percent lower in 1995 than in 1982, according to the U.S. Department of Transportation. And the designated driver has played a key role in spurring this progress. In fact, a 1995 Roper Poll reports that 73 million Americans have used or volunteered to be a designated driver.

Let's all work to make this summer a safe one by remembering our individual responsibilities and watching out for each other.

Sincerely,

Stephen Floyd
Marketing Director

Editors note: The POLICE NEWS in this newspaper lists arrests, not convictions, unless otherwise stated. Arrested persons who later are found not guilty or have had the charges against them dropped are welcome to let us know. We will confirm the information and print it.



About letters

To voice your opinion about Glade's issues, or to respond favorably or unfavorably to articles printed in the paper, we encourage you to write us a letter. Send to:

THE SUN

417 N.W. 16th Street #6, Belle Glade, FL 33430

THE SUN

417 N.W. 16th Street • Suite 6
Belle Glade, FL 33430 • (661) 996-4404

A PLEDGE TO OUR READERS

We pledge...

- ✓ To operate this newspaper as a public trust.
- ✓ To help our community become a better place to live and work, through our dedication to conscientious journalism.
- ✓ To provide the information citizens need to make their own decisions about public issues.
- ✓ To report the news with honesty, accuracy, purposeful neutrality, fairness, objectivity, fearlessness and compassion.
- ✓ To use our opinion pages to facilitate community debate, not to dominate it with our own opinions.
- ✓ To correct our errors, and to give each correction the prominence it deserves.
- ✓ To provide a right to reply to those about whom we write.
- ✓ To treat people with courtesy, respect and compassion.



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Yvonne Jones.....Office Manager

Paula Whitehead.....Ad director/Co-op sales

Penny Lester.....Advertising Sales

Lee Lewis.....Graphics

Ana Elrod.....Darkroom Technician

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We will not knowingly accept any advertising for real estate which is in violation of the law. All persons are hereby informed that all dwellings advertised are available on an equal opportunity basis.

• ERRORS - The liability of the publisher on account of errors or omissions from any advertisement will in no way exceed the amount of the charge for the space occupied by the item in error, and then only for the first incorrect insertion.



May is National Fitness Month

By Michele Young, RN

Certified by the American Council on Exercise (ACE) and Aerobics and Fitness Association of America (AFAA)

Fitness professionals throughout the United States are celebrating the month of May as National Fitness Month. One of the main goals of the fitness professional as it relates to muscular fitness is to help people become more knowledgeable and more comfortable with the idea of becoming and staying fit. What is fitness? It is a physical state of wellness that is different for each and every person. Knowing the components of fitness helps clarify the definition. They are flexibility, strength, aerobic fitness and endurance. Flexibility is the ability of the muscles to lengthen without causing injury. Flexibility is often overlooked but it is extremely important! If a muscle has a high-degree of flexibility, it is less likely to become injured in a fall, or in a strenuous activity. Strength is "being strong or powerful as it relates to muscular activity" (Taber's Cyclopedic Medical Dictionary, 1985, p. 1,761). In other words, strength refers to muscle that has grown stronger in response to demand or training. Endurance refers to "the ability to use our muscles repeatedly without suffering undue fatigue" (Step Reebok Training Manual, 1994, p.2). Aerobic fitness is "the ability of the heart and lungs to deliver oxygen to working muscles during continuous exercise" (Step Reebok Training Manual, 1994, p.2).

If you devote some time to all four of these components, you'll have a balanced, safe workout and a higher level of fitness than if you were just concentrating on one or two of the components. For instance, a person who only lifts weights will have an excellent level of strength, but could be lacking in aerobic fitness and flexibility. That person could add 20 minutes, 3 times a week of aerobic, and 5 to 10 minutes of flexibility training 3 times a week, and drastically improve their level of fitness.

Why is it so important to be fit? Ask any nurse, physician, physical therapist, or respiratory therapist. People who are not fit, suffer more from the effects of disease or illness than people do. Everyone gets sick once in a while, but the fit person usually feels sick less, and when they do get sick, they recover quicker. Prevention is worth a pound of cure!

Working out with the components of fitness guiding your routine, will reduce your chance of heart attack and other forms of cardiovascular disease like high blood pressure. It can also prevent Type II (Adult Onset) Diabetes Mellitus. If you have Diabetes already, working out can reduce your blood sugar levels by using up some of that excess sugar to fuel your fitness activities (watch for symptoms of hypoglycemia). Physical fitness also has been proven to reduce stress, and now research is testing how aerobic exercise can alleviate Clinical Depression.

Before you begin a fitness program, check with your primary care provider (physician or nurse practitioner). What you do for your physical fitness program should be very individual. You need to do what you enjoy. Aerobic dance instructors will be the first to recommend you NOT walk into an aerobics class if it is not what you WANT to do or ENJOY doing. However, when the word "aerobics" is used, it is usually associated with aerobic dance classes: Aerobics, one of the components of fitness, can be any activity that increases heart rate and uptake of oxygen. Fast walking, steady bicycling, steady rollerblading, steady racquet ball and tennis, and running are all aerobic activities. If you

enjoy racquetball, tennis and basketball, keep in mind that stopping frequently can interfere with the intensity and can reduce benefits. Simply keep walking and moving when your game must stop for a short time. Aerobic fitness should be done 15 minutes, 3 times a week minimum for maintenance of minimal aerobic fitness level. However, working more frequently and for longer duration can increase training benefits.

All workouts should begin with a warm-up, 5 to 7 minutes long of smooth, flowing movements like walking, dance, cycling, etc. Then, stop and stretch the backs of the thighs (hamstrings), the front of the thighs (quadriceps), calves, back, chest and inner thighs. Warm-up stretches should be held 5 to 7 seconds and should never cause pain. You should feel a pleasant intensity. Breathe slowly and deeply. Please, NEVER stretch until you've warmed up first!

The warm up can be followed by strength training and aerobics (remember, aerobics can be fast walking, a session on the Nordic-Track, or rollerblading). Strength training is more individual. Consulting a certified fitness professional to assist you in developing your strength-training routine is an excellent idea.

After the warm-up, aerobics, and strength training, perform the COOL DOWN! This is extremely important in prevention of dangerous cardiac dysrhythmias (abnormal heart beats). So cool down for 10 minutes. Use smooth flowing movements, much like the warm-up. Avoid strength and power moves. You'll feel your heart-rate and respiratory rate decreasing back down to normal. When you recover to normal, take 5 to 10 minutes for stretching. This time, the stretches can be held longer because the muscles are literally warmer and more pliable. Now is the time to hold your stretches for 10 to 20 seconds or longer to achieve increased flexibility.

Taking pulses before, during and after aerobic activities has been replaced by use of the RPE, or Rate of Perceived Exertion. Your own perception of intensity is used to adjust your workout. If you feel you are working out too hard, and you cannot say a sentence without taking a breath, you need to decrease intensity a little. Your perception of intensity is much more accurate than taking pulse rates. Some people may opt to use small heart rate monitors. That's a good idea if you have past health problems. Consult your physician or nurse practitioner.

If you are already working out regularly, congratulations! Keep up the good work! If you are not, examine why not. Maybe your past experiences have left you feeling intimidated about fitness. The fitness industry is only about 15 years old and it is evolving and progressing.

As the fitness industry and its professionals mature, it has been learned that in the past, people might have been pushed into activities that were not right for them. It is now widely recognized in the industry that fitness professionals must help people find the activities that they enjoy before behavior changes will occur.

National Fitness Month is the perfect time to take a refreshed and modernistic look at fitness. Think, "what activities do I enjoy doing and how can I incorporate them into my fitness regimen?"

Editor's note: Mrs. Young, a Registered Nurse at Glades General Hospital, teaches body shaping and step aerobics on Monday and Wednesday afternoons at the Belle Glade Civic Center through the City of Belle Glade's Recreation Department.



THE CAST AND CREW OF "OLIVER"...Glades Day School's second grade class performed the play "Oliver" last week for the public. Shown are the cast and teachers. Bottom row, left to right are Deserae Davis, Michael McMillian, Michael Devito. Second row, from left are Mr. Strauss, Michael Mouton, J.W. Orsini, Bobby Gummere, Alleigh Schellator, Brittany Carter, Kaele Schellator, Veronica Horta, Brandy Johnson, and Mrs. Carter. Third row, Robert Basore, Andrew Massa, A.J. Hughes, Adrianna Avila, Kaele Fountaine, Cameron Gaye, Deidra Moss. Back row, John Presley Chock, Shirley Holley, and Justin Hunt.

Belle Glade Police Dept. arrest blotter

The Belle Glade Police Department handled 564 complaints and worked 10 crime scenes the week of May 12-18. Those arrested included:

May 12 - Daleshia Pettyway, 18, grand theft; **Juvenile, 17**, aggravated assault with a deadly weapon and resisting arrest without violence.

May 13 - Juvenile, 16, opposing and obstructing a law enforcement officer; **Franklin Morgan, 44**, possession of marijuana with intent to sell and possession of marijuana over 20 grams; **Lesbert Clarke, 38**, possession of marijuana with intent to sell, possession of marijuana over 20

grams.

May 14 - Juvenile, 16, obstruction by a disguised person, fleeing and eluding a law enforcement officer; **Verna Mack, 31**, retail theft; **Tony Quintinella, 19**, battery on a law enforcement officer.

May 15 - Butler Brown, 57, retail theft; **Clayborne Davis, 51**, contempt of court.

May 16 - James Pringle, 45, loitering and prowling; **Juvenile, 17**, domestic assault, aggravated assault on a law enforcement officer; **Albert Miller, 44**, retail theft.

May 17 - Dan Johnson, 27,

possession of marijuana under 20 grams; **Ronald Tarver, 30**, domestic assault; **Zabian Caple, 37**, burglary.

May 18 - Estafate Elusee, 54, aggravated battery; **Rafael Morales, 34**, dealing in stolen property and petty theft; **William Dudley, 35**, aggravated domestic battery.

The police news in this newspaper lists arrests, not convictions, unless otherwise stated. Arrested persons who later are found not guilty or have had the charges against them dropped are welcome to let us know. We will confirm the information and print it.

Crime Stoppers

Crime Stoppers of Palm Beach County, Inc., is asking citizens to help locate **Darrell L. Robinson**, who is wanted for failure to appear on charges of aggravated assault with a deadly weapon and domestic battery.

Robinson is 6'1" tall and weighs 196 pounds. His last known address 148 Apple-green Avenue, Pahokee. He has black hair and brown eyes and a tattoo on his right

thigh.

His date of birth is July 14, 1977 and his Social Security Number is 070-62-8359. His last job was as a laborer.

His warrant was active as of May 13, 1997. If you know the whereabouts of **Darrell L. Robinson**, or anyone involved in a serious crime, call Crime Stoppers at 1-800-458-8477. You can remain anonymous and still receive a cash reward if your tip leads to an arrest.

Pahokee Police Dept. arrest blotter

The Pahokee Police Department made 9 arrests the week of May 12-18. Those arrested included:

May 12 - Sterling Harmon, 24, warrant issued for order of commitment for failure to pay child support; **Clarence Butler, Jr., 42**, possession of drugs.

May 13 - Floyd Morgan, 35, warrant issued for failure to appear on charges of battery; **Logan Campbell, 46**, simple battery.

May 14 - No arrests made.

May 15 - Elliott Boone, Jr., 40, trespassing after warning.

May 16 - Charlie McKelton,

39, burglary and petty theft.

May 17 - Earl Warner, 41, burglary of a residence; **Elliott Boone, Jr., 40**, trespassing after warning; **Juvenile, 12**, throwing a deadly missile into an occupied vehicle.

May 18 - No arrests made.

gift of joy for young children.

Participants can give as little or as much time as they wish each month. They will be paired with a godchild at a center in their town. They may visit the child and participate by joining the child in coloring, reading, talking, having lunch, or assisting with field trips.

Call Millie at 996-1608 for more information.

Did you know?

Do you know? Only one person in 20 gives blood...but, eight in 10 will use blood in their lifetime.

Currently, there is a critical shortage of all blood types caused by the weather, flu, and high usage.

The Palm Beach County Blood Bank is seeking donors. Call 561-945-2323, extension 0 to get information on where the blood mobile will be in the Glades in the next few weeks.

Recreation Department offering fitness classes
The City of Belle Glade Parks and Recreation Department is offering fitness classes to the public.

"Fitness by Michele" will be offered at the Belle Glade Municipal Civic Center on Monday and Wednesday evenings. The first class on Monday night, titled "Basic Fitness" runs from 5:30 to 6:15 p.m. and the second class, "Stompin' Step" is from 6:15 to 7 p.m.

Land acquisitions, continued from Page 1

that survey, 76 percent of those responding agreed with the statement: "I am concerned about the loss of farmland through land purchases by state and federal agencies." The survey had a margin of error of plus or minus five percent.

People who live and work within the EAA generate more than \$2 billion in economic activity annually, said Loop. "The people who farm on these lands pay property taxes. In addition, they now are paying the Agriculture Privilege Tax,

which helps pay for restoration," he said. "Suppose a large portion of this land were taken out of production. What do we stand to lose? People. Communities. Ad valorem taxes. And a large percentage of the Agriculture Privilege Tax."

The Agriculture Privilege Tax helps pay for the current restoration of the Everglades. "The federal government already has obligations for land already acquired for Everglades restoration, and it has not fulfilled those obligations," Loop said.

The current Farm Bill provided up to \$200 million to Interior to fund or conduct restoration activities in the Everglades ecosystem.

"The Interior Department should be looking for ways to meet its obligations to fund today's restoration activities. Instead, it proposes to spend the \$200 million from the Farm Bill to buy EAA and other 'buffer zone' lands. None of these lands is part of any project currently authorized under state or federal law," Loop said.

Labeling laws, Continued from Page 1

the quality and wholesomeness of the fruits and vegetables produced by Florida's growers," said Gilmer. "U.S. production and sanitation practices are clearly the world's best and contribute to this consumer confidence."

The survey of 380 Florida food shoppers was conducted on behalf of the Agriculture Institute of Florida, in cooperation with Citrus and Vegetable Magazine, by Dr. Larry Leslie and Dr. Randy Miller of the University of South Florida.

Respondents were questioned by telephone on April 5 and 12, 1997. The survey results have a margin of error of 5%.

Complete survey results and analysis will be published in the July issue of *Citrus and Vegetable Magazine*.

Groundbreaking held for Wellington Green

Groundbreaking ceremonies were held last week for Wellington Green, a multi-use development complex at Forest Hill Boulevard and State Road 7.

Dillards is the first department store to commit to the 1.2 million square-foot shopping center that will be the centerpiece of the 466-acre Wellington Green development.

The super-regional mall's developers, The Taubman

Company, also announced last week that they are in the final stages of negotiation with two additional anchor stores, Burdines and JCPenney.

The center will include a 300-unit Adult Congregate Living Facility, a 400-unit multi-family residential community, a 125-room hotel, 350,000 square feet of office and additional retail space, in addition to the two-level enclosed mall.

The project has been under

development since 1988, when local landowner and developer Harold Jacobson, president of Brekran Inc., teamed up with The Taubman Company, one of the nation's leading real estate developers and operators of regional shopping centers.

Economically, Phase I of the project is estimated to generate nearly \$8 million in tax revenues and franchise fees and to create 3,200 new permanent jobs.

Glisson Museum new addition to Yesteryear Village

The Bink Glisson Historical Museum will officially open to the public on Friday, May 23, at 10 a.m. This coincides with the opening day of the 4th annual "Pioneer Days Festival" at Yesteryear Village on the South Florida Fairgrounds.

The \$400,000 museum is 4,000 square foot and is a replica of the Haile Plantation, a traditional Cracker-style structure located in Archer, Florida. The building houses some of Glisson's vast personal collection of artifacts depicting pioneer life in the South.

The display also includes murals painted by Glades artist Ann Tyler.

The Pioneer Days Festival is Memorial Weekend, May 23-26 on the South Florida Fairgrounds. The festival includes historical buildings, costumed re-enactors, entertainment and also features a Legends Cars race on Saturday, May 24.

Regular admission is \$4 and \$1 for children 6-11. Children under six are admitted free.

The South Florida Fairgrounds are located in West Palm Beach off Southern Boulevard.

PBCC names endowed teaching chair awards

Palm Beach Community College has announced the recipients of PBCC's Endowed Faculty Chairs for 1997-98. The faculty members include Central Campus Senior Instructor of Physics John Berryman, Barnett Bank Chair; Central Campus Assistant Professor of Nursing Helen A. Hull, CSR/Rinker Materials Chair;

Central Campus Senior Instructor of Biology Pat Hilliard Johnson, IBM Corporation Chair; and Central Campus Senior Instructor of Communications Vicki Scheurer, the Joe and Emily Lowe Foundation Chair.

The fifth Endowed Chair is supported by a donation from the Sun-Sentinel; South Cam-

pus Senior Instructor of Health Science Jeanne Boone has been recommended for this award. Additionally, the 1997-98 Glades Campus Chair was awarded to Glades Campus Senior Instructor of Communications Stephen Gibson.

da, PEPI Head Start, is recruiting and accepting applications for three and four year old children.

All are welcome, including children with disabilities and there are no fees. The center is located at 200 S.W. 9th Street, Belle Glade.

For more information, call 98-1718. Contact persons are Barbara Green or Tammy Kyles.

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New AA group forms
Good News, a new Alcoholics Anonymous group, is starting in Pahokee. Meetings are planned for Tuesday and Thursday evening at 7 p.m.
Contact Steve at 924-2003 for information on the location.

Godparents are special
A new Godparent Program is starting up in the Glades and you are needed! Three Head Start Centers in the Glades need adults to help by donating a little time, love, and the

The Final Weekend of the Famous Hot Dog Sale is Approaching!

Palm Glades is ready to show Pahokee & South Bay how to sell hot dogs and sodas.

Come out and support our kids. Buy a hot dog and soda at the Wal-Mart on State Road 7 and Southern Blvd. May 24 & 25th from 8 am to 5 pm.

Wal-Mart will match us up to \$300.

Come out
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Matthew Sweet and Nicole Johnson

Sweet & Johnson to unite in holy matrimony May 31

Matthew Sweet and Nicole Johnson would like to announce their upcoming marriage on May 31, 1997. The ceremony will take place at the Community United Methodist Church in Belle Glade at 3 p.m. The bride is the daughter of the late Donald Johnson and Mr. and Mrs. Clarence Thrope of Belle Glade. She is a graduate of Christian Day School and is currently employed by

Cardiology Partners of the Palm Beaches. The groom is the son of Charles Sweet and the late Diane Sweet of Doylestown, Pennsylvania. He is a graduate of Souderton High School in Souderton, Pennsylvania. Matthew is a sergeant at the Belle Glade Police Department. All friends and family are invited to attend.

A child's perspective on display

A Child's Perspective, an exhibit of photographs by the Photography Club of Kathryn

E. Cunningham/Canal Point Elementary is currently on exhibit at First Community Bank in Pahokee until June 6.

The exhibit is a result of months of work by the students (4th & 6th graders) where they learned about Pin Hole photography. The students made their own Pin Hole Camera using a coffee can. They developed all their own negatives and prints. The students had to learn many technical and thinking skills while working cooperatively with each other. All this was accomplished working two days a week for only ten weeks. Each of them should be highly commended for their achievements.



BELLE GLADE

APOSTOLIC CHURCH OF JESUS CHRIST
1118 W. Canal St. - 7:30 P.M.
Rev. J.P. Fiedler - Pastor
Sunday Morning - 10:00 A.M.
Sunday Evening - 7:30 P.M.
Wednesday - 7:30 P.M.

BELLE GLADE ALLIANCE CHURCH
225 W. Ave. - 11:00 A.M.
Rev. Lloyd C. Green
Morning Services - 10:00 A.M.
Evening Services - 7:30 P.M.
Wed. Prayer Meeting - 7:30 P.M.

CHRISTIAN CHURCH OF BELLE GLADE
Rev. Robert Mack
Sunday School - 10:00 A.M.
Church Services - 11:00 A.M.
Evening Services - 7:30 P.M.

CHOSEN MISSIONARY BAPTIST CHURCH
N.W. Ave. G - 11:00 P.M.
Rev. James H. Brown
Sunday School - 10:00 A.M.
Morning Worship - 11:00 A.M.
Evening Worship - 7:30 P.M.
Prayer Meeting - 7:30 P.M.

CHURCH OF CHRIST
125 N.E. Ave. - 11:00 A.M.
Rev. Robert Mack
Sunday School - 10:00 A.M.
Morning Worship - 11:00 A.M.
Evening Worship - 7:30 P.M.
Wednesday - 7:30 P.M.

CHURCH OF GOD IN CHRIST NO. 1
225 W. Ave. - 11:00 A.M.
Rev. J.P. Fiedler - Pastor
Sunday School - 10:00 A.M.
Church Services - 11:00 A.M.
Evening Services - 7:30 P.M.
Wednesday - 7:30 P.M.

CHURCH OF GOD OF BELLE GLADE
Sunday School - 10:00 A.M.
Morning Worship - 11:00 A.M.
Evening Worship - 7:30 P.M.
Wednesday - 7:30 P.M.

CHURCH OF GOD IN CHRIST - BETHLEHEM
101 E. Main St. - 11:00 A.M.
Rev. J.P. Fiedler - Pastor
Sunday School - 10:00 A.M.
Church Services - 11:00 A.M.
Evening Services - 7:30 P.M.
Wednesday - 7:30 P.M.

CHURCH OF JESUS CHRIST OF LUTHERAN LAMAR'S CHURCH
101 E. Main St. - 11:00 A.M.
Rev. J.P. Fiedler - Pastor
Sunday School - 10:00 A.M.
Church Services - 11:00 A.M.
Evening Services - 7:30 P.M.
Wednesday - 7:30 P.M.

CHURCH OF THE LORD JESUS CHRIST OF THE APOSTOLIC FAITH
477 N.W. Ave. - 11:00 A.M.
Rev. Robert Mack
Sunday School - 10:00 A.M.
Church Services - 11:00 A.M.
Evening Services - 7:30 P.M.
Wednesday - 7:30 P.M.

CHURCH OF THE LORD JESUS CHRIST OF THE APOSTOLIC FAITH
477 N.W. Ave. - 11:00 A.M.
Rev. Robert Mack
Sunday School - 10:00 A.M.
Church Services - 11:00 A.M.
Evening Services - 7:30 P.M.
Wednesday - 7:30 P.M.

South Bay's library celebrates its fifth birthday May 14

By Stephanie Schneider
Sun Reporter

On May 14, The Clarence E. Anthony Branch of the Palm Beach County Library system, celebrated its fifth birthday with cake and a party.

Local pre-school children even made an appearance to sing "Happy Birthday" to the library while South Bay's Mayor Anthony looked on. He was given the honor of blowing out the candles on the cake.

The guests then presented the Mayor and the library with one of the largest birthday cards known to exist signed by hundreds of library visitors, city officials, and area children.

Mayor Anthony smiled and remarked about how happy he was that South Bay's library was able to provide such a wonderful gift to the community.



HAPPY BIRTHDAY TO YOU... Local children, residents and government officials were on hand to sing "Happy Birthday" to Mayor Anthony in celebration of the fifth birthday of the Clarence E. Anthony Branch of the Palm Beach County Library System in South Bay.

Glades Central's French class enjoyed fine dining

On April 24, 1997, the Glades Central High School French class went on a trip to Chez Moustache, an elegant french restaurant in West Palm Beach. The chaperones were their French teacher, Mrs. Deborah Hiett, as well as the ESOL coordinator for the school, Miss Deborah Williams.

The students had a lot of fun, they spoke French with the chefs, asking

and answering many questions. Miss Williams had many compliments concerning the students' speaking ability. "They were not at all afraid to converse. They were able to ask many questions about France as well as answer many questions about the United States. It was marvelous to listen to them put to use what they have worked so hard learning from Mrs. Hiett. Both of us were immensely

pleased with the entire group. It will be an unforgettable experience for all of them."

Mrs. Hiett says, "The students are all ready asking to return. I have told them that we will certainly do this as a yearly trip. After all, studying a foreign language isn't just based on doing textbook drills. It's meant to be used in real life situations. I know that they could do it, and now they do too."

Xi Beta Tau held "Sunset Sail"

Xi Beta Tau Sorority held their 2nd Annual "Sunset Sail" Saturday, May 17 at the Sailfish Marina in Singer Island aboard the Windong.

Cap'n Don Thompson turned his hat around and became "Chef Don" harboring delicious steak-bobs to accompany the various salads and desserts prepared by Alice Thompson, Sandy Simonson, and Maria Mills.

Chef Don then changed his again and provided a personal guided tour of Peanut Island for the men while the ladies took a stroll along the dock and, of course,

checked out the gift shop at Singer Island.

The afternoon rain didn't dampen anyone's spirit and everyone had a wonderful time.

Members attending along with spouses were Kay & Dick Korby, Amy & Ken Schenck, Sandy & David Simonson, and, of course, Alice & Don Thompson who made everyone welcome aboard their sailboat "Windong."



BLOWING OUT THE CANDLES... Mayor Clarence Anthony blows out the candles on the birthday cake for the South Bay library at its fifth birthday celebration.

Military News

Navy Petty Officer 3rd Class Joey Kyles, son of Diane Kyles of Belle Glade, recently departed on a six-month deployment to the Mediterranean Sea aboard the aircraft carrier USS John F. Kennedy. Kyles is one of more than 5,000 Sailors and Marines aboard the ship, which departed its home port of Mayport, FL, to lead the USS John F. Kennedy Battle Group, comprised of eight tactical aircraft squadrons, seven surface combat-

ants and two submarines. The battle group is replacing the USS Theodore Roosevelt Battle Group, which has been deployed since last November. Carriers, like USS John F. Kennedy, are forward deployed around the world to maintain a U.S. presence and provide rapid response in times of crisis. They serve as a highly visible deterrent to would-be aggressors and, if deterrence fails, offer the most ver-

satile and powerful weapons available.

Kyles and fellow crew members prepared for the deployment by participating in an Atlantic Joint Task Force Exercise. The exercise involved more than 15,000 U.S. forces and tested their ability to respond to situation they may encounter during their six-month deployment.

The USS John F. Kennedy Battle Group can travel more than 500 miles a day while simultaneously deploying to separate geographic regions. With Tomahawk cruise missiles, tactical aircraft and other battle-ready Marines, the forces provide unified commanders with an unparalleled range of flexible options and capabilities. He joins the Navy in July 1990.

WORSHIP

COMMUNITY HOUSE OF PRAYER IN CHRIST
822 W. Ave. - 11:00 A.M.
Rev. Robert Mack
Sunday School - 10:00 A.M.
Church Services - 11:00 A.M.
Evening Services - 7:30 P.M.
Wednesday - 7:30 P.M.

COMMUNITY UNITED METHODIST CHURCH
401 W. Ave. - 11:00 A.M.
Rev. David A. Day - Pastor
Sunday School - 10:00 A.M.
Church Services - 11:00 A.M.
Evening Services - 7:30 P.M.
Wednesday - 7:30 P.M.

EL BETHEL EVANGELIST PENTECOSTAL CHURCH
1100 N. Palm Beach - 11:00 A.M.
Rev. Loren L. Pastor
Sunday School - 10:00 A.M.
Church Services - 11:00 A.M.
Evening Services - 7:30 P.M.
Wednesday - 7:30 P.M.

EVANGELICAL PRESBYTERIAN CHURCH
1240 N. Main St. - 11:00 A.M.
Rev. J.P. Fiedler - Pastor
Sunday School - 10:00 A.M.
Church Services - 11:00 A.M.
Evening Services - 7:30 P.M.
Wednesday - 7:30 P.M.

FIRST BAPTIST CHURCH
17 N.W. Ave. - 11:00 A.M.
Rev. Craig Manning
Sunday School - 10:00 A.M.
Church Services - 11:00 A.M.
Evening Services - 7:30 P.M.
Wednesday - 7:30 P.M.

GREATER ST. PAUL LUTHERAN CHURCH
1118 W. Canal St. - 11:00 A.M.
Rev. J.P. Fiedler - Pastor
Sunday School - 10:00 A.M.
Church Services - 11:00 A.M.
Evening Services - 7:30 P.M.
Wednesday - 7:30 P.M.

HATIAN MISSION OF THE FIRST BAPTIST CHURCH
1118 W. Canal St. - 11:00 A.M.
Rev. J.P. Fiedler - Pastor
Sunday School - 10:00 A.M.
Church Services - 11:00 A.M.
Evening Services - 7:30 P.M.
Wednesday - 7:30 P.M.

HOUSE OF GOD
716 S.W. Ave. - 11:00 A.M.
Rev. J.P. Fiedler - Pastor
Sunday School - 10:00 A.M.
Church Services - 11:00 A.M.
Evening Services - 7:30 P.M.
Wednesday - 7:30 P.M.

KILBURN OF GOD PENTECOSTAL CHURCH
24 S.E. Ave. - 11:00 A.M.
Rev. J.P. Fiedler - Pastor
Sunday School - 10:00 A.M.
Church Services - 11:00 A.M.
Evening Services - 7:30 P.M.
Wednesday - 7:30 P.M.

MARION'S CHURCH
1118 W. Canal St. - 11:00 A.M.
Rev. J.P. Fiedler - Pastor
Sunday School - 10:00 A.M.
Church Services - 11:00 A.M.
Evening Services - 7:30 P.M.
Wednesday - 7:30 P.M.

MICHAEL'S CHURCH
1118 W. Canal St. - 11:00 A.M.
Rev. J.P. Fiedler - Pastor
Sunday School - 10:00 A.M.
Church Services - 11:00 A.M.
Evening Services - 7:30 P.M.
Wednesday - 7:30 P.M.

MY DONA A.M. CHURCH
1118 W. Canal St. - 11:00 A.M.
Rev. J.P. Fiedler - Pastor
Sunday School - 10:00 A.M.
Church Services - 11:00 A.M.
Evening Services - 7:30 P.M.
Wednesday - 7:30 P.M.

NEW BETHEL BAPTIST CHURCH
1101 N. Ave. - 11:00 A.M.
Rev. R.H. Harrison III
Sunday School - 10:00 A.M.
Church Services - 11:00 A.M.
Evening Services - 7:30 P.M.
Wednesday - 7:30 P.M.

ST. JOHN'S FIRST BAPTIST CHURCH
400 S.W. Ave. - 11:00 A.M.
Rev. J.P. Fiedler - Pastor
Sunday School - 10:00 A.M.
Church Services - 11:00 A.M.
Evening Services - 7:30 P.M.
Wednesday - 7:30 P.M.

ST. JOHN'S EPISCOPAL CHURCH
1100 N. Palm Beach - 11:00 A.M.
Rev. Loren L. Pastor
Sunday School - 10:00 A.M.
Church Services - 11:00 A.M.
Evening Services - 7:30 P.M.
Wednesday - 7:30 P.M.

ST. PHILIP BAPTIST CHURCH
1100 N. Palm Beach - 11:00 A.M.
Rev. Loren L. Pastor
Sunday School - 10:00 A.M.
Church Services - 11:00 A.M.
Evening Services - 7:30 P.M.
Wednesday - 7:30 P.M.

SOUTHSIDE CHURCH OF CHRIST
1400 N. Main St. - 11:00 A.M.
Rev. J.P. Fiedler - Pastor
Sunday School - 10:00 A.M.
Church Services - 11:00 A.M.
Evening Services - 7:30 P.M.
Wednesday - 7:30 P.M.

SPANISH MISSION OF THE FIRST BAPTIST CHURCH
1100 N. Palm Beach - 11:00 A.M.
Rev. Loren L. Pastor
Sunday School - 10:00 A.M.
Church Services - 11:00 A.M.
Evening Services - 7:30 P.M.
Wednesday - 7:30 P.M.

THE GLORIOUS COMMUNITY HOLINESS CHURCH OF JESUS OF THE APOSTOLIC FAITH
1100 N. Palm Beach - 11:00 A.M.
Rev. Loren L. Pastor
Sunday School - 10:00 A.M.
Church Services - 11:00 A.M.
Evening Services - 7:30 P.M.
Wednesday - 7:30 P.M.

WORSHIP CENTER PENTECOSTAL CHURCH
1100 N. Palm Beach - 11:00 A.M.
Rev. Loren L. Pastor
Sunday School - 10:00 A.M.
Church Services - 11:00 A.M.
Evening Services - 7:30 P.M.
Wednesday - 7:30 P.M.

LAKE HARBOR

COMPASSION CHRISTIAN CHURCH
541 Peninsula Blvd. - 11:00 A.M.
Rev. Robert Mack
Sunday School - 10:00 A.M.
Church Services - 11:00 A.M.
Evening Services - 7:30 P.M.
Wednesday - 7:30 P.M.

THE COMMUNITY METHODIST CHURCH
1100 N. Palm Beach - 11:00 A.M.
Rev. Loren L. Pastor
Sunday School - 10:00 A.M.
Church Services - 11:00 A.M.
Evening Services - 7:30 P.M.
Wednesday - 7:30 P.M.

PAHOKEE

APOSTOLIC CHURCH OF PAHOKEE
1118 W. Canal St. - 11:00 A.M.
Rev. J.P. Fiedler - Pastor
Sunday School - 10:00 A.M.
Church Services - 11:00 A.M.
Evening Services - 7:30 P.M.
Wednesday - 7:30 P.M.

BIBLE CHURCH OF PAHOKEE
1118 W. Canal St. - 11:00 A.M.
Rev. J.P. Fiedler - Pastor
Sunday School - 10:00 A.M.
Church Services - 11:00 A.M.
Evening Services - 7:30 P.M.
Wednesday - 7:30 P.M.

CHURCH OF GOD OF PROSPERITY
1118 W. Canal St. - 11:00 A.M.
Rev. J.P. Fiedler - Pastor
Sunday School - 10:00 A.M.
Church Services - 11:00 A.M.
Evening Services - 7:30 P.M.
Wednesday - 7:30 P.M.

CHURCH OF THE HOLY TRINITY EPISCOPAL
1100 N. Palm Beach - 11:00 A.M.
Rev. Loren L. Pastor
Sunday School - 10:00 A.M.
Church Services - 11:00 A.M.
Evening Services - 7:30 P.M.
Wednesday - 7:30 P.M.

CHURCH OF THE NAZARENE
1100 N. Palm Beach - 11:00 A.M.
Rev. Loren L. Pastor
Sunday School - 10:00 A.M.
Church Services - 11:00 A.M.
Evening Services - 7:30 P.M.
Wednesday - 7:30 P.M.

CHURCH OF THE NAZARENE
1100 N. Palm Beach - 11:00 A.M.
Rev. Loren L. Pastor
Sunday School - 10:00 A.M.
Church Services - 11:00 A.M.
Evening Services - 7:30 P.M.
Wednesday - 7:30 P.M.

CHURCH OF THE NAZARENE
1100 N. Palm Beach - 11:00 A.M.
Rev. Loren L. Pastor
Sunday School - 10:00 A.M.
Church Services - 11:00 A.M.
Evening Services - 7:30 P.M.
Wednesday - 7:30 P.M.

FIRST UNITED METHODIST CHURCH
1118 W. Canal St. - 11:00 A.M.
Rev. Robert Mack
Sunday School - 10:00 A.M.
Church Services - 11:00 A.M.
Evening Services - 7:30 P.M.
Wednesday - 7:30 P.M.

GOOD SHEPHERD CHURCH OF GOD
1100 N. Palm Beach - 11:00 A.M.
Rev. Loren L. Pastor
Sunday School - 10:00 A.M.
Church Services - 11:00 A.M.
Evening Services - 7:30 P.M.
Wednesday - 7:30 P.M.

LATTERS BAPTIST CHURCH
1100 N. Palm Beach - 11:00 A.M.
Rev. Loren L. Pastor
Sunday School - 10:00 A.M.
Church Services - 11:00 A.M.
Evening Services - 7:30 P.M.
Wednesday - 7:30 P.M.

NEW BETHEL BAPTIST CHURCH
1100 N. Palm Beach - 11:00 A.M.
Rev. Loren L. Pastor
Sunday School - 10:00 A.M.
Church Services - 11:00 A.M.
Evening Services - 7:30 P.M.
Wednesday - 7:30 P.M.

ST. JOHN'S BAPTIST CHURCH
1100 N. Palm Beach - 11:00 A.M.
Rev. Loren L. Pastor
Sunday School - 10:00 A.M.
Church Services - 11:00 A.M.
Evening Services - 7:30 P.M.
Wednesday - 7:30 P.M.

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Evening Services - 7:30 P.M.
Wednesday - 7:30 P.M.

ST. JOHN'S BAPTIST CHURCH
1100 N. Palm Beach - 11:00 A.M.
Rev. Loren L. Pastor
Sunday School - 10:00 A.M.
Church Services - 11:00 A.M.
Evening Services - 7:30 P.M.
Wednesday - 7:30 P.M.

SOUTH BAY

CHURCH OF ALL NATIONS
1118 W. Canal St. - 11:00 A.M.
Rev. Robert Mack
Sunday School - 10:00 A.M.
Church Services - 11:00 A.M.
Evening Services - 7:30 P.M.
Wednesday - 7:30 P.M.

CHURCH OF GOD
1118 W. Canal St. - 11:00 A.M.
Rev. Robert Mack
Sunday School - 10:00 A.M.
Church Services - 11:00 A.M.
Evening Services - 7:30 P.M.
Wednesday - 7:30 P.M.

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Rev. Robert Mack
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Church Services - 11:00 A.M.
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Church Services - 11:00 A.M.
Evening Services - 7:30 P.M.
Wednesday - 7:30 P.M.

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UF Researchers compile first national survey of gay and lesbian issues

By Cathy Keen
University of Florida News

The biggest civil rights movement of the 1990s has been the silent but growing pace at which American communities have added gay and lesbian rights to their anti-discrimination laws, say University of Florida researchers whose new book is based on the first national survey of these issues.

"Just as blacks dominated the civil rights background of the '60s, gays and lesbians are making their mark in the '90s, with a dramatic increase in anti-discrimination legislation and a growing shift in public opinion," said James Button, a UF political science professor and co-author of "Private Lives, Public Conflicts," an examination of gay rights nationwide.

The book also is written by UF political scientist Kenneth Wald and health science education Professor Barbara Rienzo. In exploring the cutting edge of this grass roots movement, the researchers also include in-depth case studies of five diverse communities. U.S. Rep. Barney Frank, D-Mass., who is openly gay, wrote the introduction. Seventy-nine of the 169 cities and counties that had extended civil rights protection to gays and lesbians by 1996 did so in the '90s, the highest adoption rate of anti-discrimination ordinances since the first was passed in East Lansing, Mich., in 1972, Button said.

Anti-discrimination laws are an important factor in changing public attitudes about homosexuality, even though

more than a quarter of the communities that have them report local or state efforts to overturn them, the researchers said.

One signor the new political primacy of gays and lesbians is that the number of cities and counties offering domestic partner benefits more than doubled since 1993. So did the number of openly gay elected officials in the two years before 1993, he said.

"While it's clear that gays and lesbians have made significant strides, the bulk of that success has been in larger cities where they are physically concentrated and politically well organized," Wald said. "It's a much grimmer reality in smaller cities and rural areas, where there is a collective unwillingness to face the problems that gays and lesbians

encounter." The researchers said they found gays and lesbians continue to experience an inordinate amount of hostility on a daily basis.

"Even Americans who are sympathetic to the rights of gays and lesbians often regard homosexuality as an aberration or perversion," Wald said. "People who make allegations about blacks are often regarded as cranks or misfits, but people who entertain broad stereotypes about gays and lesbians are still accepted."

Because they are a primary institution for launching change, public schools have become the central battleground in the cultural war between people with traditional views about homosexuality and those who favor greater

tolerance, Rienzo said.

School programs addressing the needs of lesbian and gay youth were rare but more likely to be found in large, affluent and more diverse communities with anti-discrimination laws on the books, Rienzo said.

Gays, lesbians and many health professionals feel strongly that for homosexuality to be understood, discussion must begin in the schools. Opponents, however, fear children will be unfavorably influenced and even become homosexual if gays and lesbians teach and the subject is included in the curriculum, she said.

Other signs of shifting attitudes range from the appearance of gay and lesbian characters on popular television programs, such as "Roseanne" and "Melrose Place," to the readi-

ness of the Walt Disney Company and other corporations to extend domestic partner benefits, he said.

"As Barney Frank says in the book's introduction, 'politics works' even for unpopular minorities," Button said. "Just as blacks say the civil rights laws of the '60s were invaluable, gays and lesbians are finding such measures a first step toward social change."

"Yet lack of pension rights and other marital benefits is a problem because gays and lesbians feel so vulnerable economically," said Wald, who characterizes the movements' gains as a silent revolution with "one step backward for every two steps forward." "They feel any time they come out about their sexuality, they face economic retaliation."

BBB and Federal Trade Commission launch telemarketing fraud campaign

On the first anniversary of federal rules designed to pull the plug on telemarketing fraud, the Better Business Bureau (BBB), the Federal Trade Commission (FTC) and dozens of corporate and civic partners launched a nationwide consumer education campaign to "Spread the Word About Telemarketing Fraud."

During the year since the FTC's Telemarketing Sales Rule went into effect, complaints about telephone sales have declined significantly. According to the National Association of Attorneys General, telephone marketing frauds dropped from the top consumer complaint in 1995 to tenth place in 1996. In that one year, law enforcement organizations have closed down more than 100 illegal telemarketing operations.

Despite improvement, telephone con artists continue to bilk consumers out of an estimated \$40 billion a year. To help stem these massive losses, the FTC's partnership for Consumer Education is launching this major campaign.

Educated consumers can outsmart telephone swindlers," said Ron Stephens, president of the BBB/FTC, Palm Beach. "We just need to better arm consumers with the facts about their rights and tell them where to turn for help should they

become victimized." According to Stephens and the FTC, here's how consumers can reduce their risk of becoming victims of telemarketing fraud:

- Be skeptical of "too good to be true" telephone offers
- Resist pressure for an immediate decision and ask for written follow-up materials that explain the offer.
- Agree to pay no more than the price of a postage stamp when notified about "winning" a sweepstakes. All legitimate sweepstakes must allow a "no purchase necessary" way to play the game and collect the prize.
- Never provide your credit card or checking account numbers to a caller from an unfamiliar company without first checking the company with your Better Business Bureau or Attorney General.
- Ask to be placed on the company's "do not call" list to reduce the number of unwanted telephone solicitations you receive.

This year's most common type of scams include prize offers, where hundreds of dollars are requested in advance for shipping, taxes or other products sold in conjunction with the offer, and pager scams, which induce unsuspecting consumers to call long distance numbers with foreign

area codes and subject the caller to exorbitant undisclosed charges.

The FTC began enforcing the Telemarketing Sales Rule on December 31, 1995, in an effort to curb telemarketing fraud. Key provisions of the rule are:

- Telemarketers must disclose at the beginning of a call their identity, the nature of the call (sales) and the goods offered, and that no purchase is necessary if a prize is being offered.
- Telemarketers must disclose that cancellations and returns are not permitted if that is the case.
- No money can be collected in advance for credit repair services or recovery schemes that promise to return monies lost on previous scams, or for services that guarantee the extension of credit or a loan.
- Telemarketers may only call consumers between 8 a.m. and 9 p.m.
- It is illegal for telemarketers to call consumers who had previously asked to be placed on the company's "do not call" list.

Consumers who have received illegal telemarketing solicitations or who have lost money in a scam should report the problem to the Florida Attorney General or the National Fraud Information Center, a project of the National Consumer's League, at 1-800-876-7060.

In every passion pursuit, the pursuit counts more than the object pursued.

—Eric Hoffer

American Heart Association
Fighting Heart Disease and Stroke

AMERICAN HEART ASSOCIATION
MEMORIALS & TRIBUTES

1-800-AHA-USA1

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For The Graduate

Businesses! Save \$10 on your ad in our yearly Graduation Section in *The Sun* newspaper.

Parents! Congratulate your child in our Graduation Section for only \$20, including their photo.

Call Penny at 996-4404 for further details today.

Court Approved Corporate Reorganization

AUCTION

Friday & Saturday, May 30 & 31
Central Florida Properties

- 800± Acre Grove, Sold in Tracts, Haines City, Lake Wales, Ruskin.
- 116± Acre Grove with Polk County Parkway alignment. Permitted for 70± Acre Borrow Pit, Auburndale.
- Picking House on 23± Acres, Haines City.
- Complete Equipment Package for Fruit Picking Operation.
- 60,000± SF Warehouse on 5± Acres, Winter Haven.
- Commercial & Residential Development Tracts, Winter Haven.
- Grower's Fertilizer Corp. - 69± Shares Common Stock.

TERMS: 10% deposit day of sale. Balance due in 30 days.
Broker Participation Welcome. Call for Registration Requirements.

Call For Brochure Which Contains Times & Locations **800-257-4161**
10% Buyer's Premium

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Higgenbotham, Inc., 601 S. Main St., Suite 100
FL 32701-4818

MAY THE SOURCE BE WITH YOU

Consumer Information Catalog

1-888-B PUEBLO

Consumer Information Center
Dept. Source
Pueblo, Colorado 81009

Glades Day School

400 Gator Boulevard
Belle Glade, FL 33430
(561) 996-6769

"Home of The Fighting Gators"

NOW Registering for the 1997/98 School Year.

- Accredited Private School
- Quality Academic Instruction
- Interscholastic Sports
- Band
- Extended Day Care
- Bus Transportation Available

Admission is open to any student who meets academic, moral and financial standards of Glades Day School. Glades Day School does not discriminate on the basis of race; color, religion, ethnic status, national origin or sex, in admissions, educational programs, or other school programs and practices.
Financial Aid Available.

Memorial Day

STOREWIDE BLOWOUT

Summer sandals **7.99** and **9.99**

Junior/Misses/Plus Knit tees & shorts **buy 3, get 1 free**

Plus Size Knit tops or bike shorts **9.99 each**

Junior/Misses Solid & plaid woven shorts **11.90**

Junior/Misses Knit rompers **11.99**

Junior/Misses/Plus Sundresses **15.99**

Extra 50% off Entire Stock Clearance
And don't miss our **Sidewalk Sale & Clearance**
Thursday, May 22 through Monday, May 26

CATO
The Right Look At The Right Price

BIG LAKE PLAZA SHOPPING CENTER
908 South Main Street

SCHOOL NEWS & STUDENT INTERESTS

Glades Day School Gator Tales by Karen Hansford

Only one week of school left and Glades Day's students (and faculty!) are ready to be out of here for some summer fun.

The Class of '97 made their last day memorable with some senior pranks - Vaseline on the door knobs, signs around campus and, most notably, the two little critters that were found in the high school restrooms. The joke backfired, however, when the administration gave away the animals to a bystander who happens to like curried goat and rice. Now, certain seniors are digging deep into their pockets to help pay for the loss of the goats!

All their activities will come to a climax with the commencement ceremonies scheduled for 8 p.m. next Friday, May 30, on the football field, weather permitting. If the weather doesn't cooperate, graduation will be held that evening at the Dolly Hand Cultural Arts Center in Belle Glade.

Meanwhile, the underclassmen in grades 6-11 are busily seeking their classes for the next school year. Course selection forms were handed out to them this past Monday and students are encouraged to return them by this Friday, May 23. As some classes fill up more quickly than others, those who turn in their early will be given top priority.

Members of the sophomore class will be happy to hold out a hand after they receive their class rings

this Friday. Herff Jones is scheduled to be here at 2 p.m. to pass out the rings sporting 1999 on it along with other details each 10th grader ordered. Students will need to save their money for the balance due before receiving them. Wear them proudly, sophomores!

Congratulations are in order for the students who will be in charge of the Student Council next year: Parker Altman, president; Brooke Prescott, vice president; Denea Wood, secretary; Stephanie Terrill, treasurer. With the exception of Parker, who ran unopposed, the others were voted upon by students in grades 8-11 in a special election held earlier this month.

GDS also congratulates those girls who made the 1998 football cheerleading squads. The varsity teams consists of Kelly Alvarez, Carla Baez, Kimberly Milkins, Angela Miller, Brooke Prescott, Nicole Rivas, Joy Siskley, Shanell Smith, Stephanie Terrill, and Denea Wood.

Those who made the JV cheerleading squad are Courtney Carlton, Kristen Gilliam, Summer Miller, Emily Reese, Kara Salvatore, Kelly Salvatore, Jennifer Smith, and Heather York. The junior high squad will be Heather Cumpton, Olivia De Castro, Jessica Johnson, Jennifer McMillan, Amanda Mills, George Pate, Blair Pelham and Lauren Sweet! Congratulations once again, girls!



NEW INITIATES TO PAHOKEE HIGH SCHOOL'S JR. ROTC...(front left to right) Junior Rodriguez, Kanysha Smith, Jules Stahon, Liliana Paniagua (back left to right) Louie Rocha, Emile Riettie, Shevon Gooden. (Not pictured were Lidia Galvin, Alta Granger, Natasha Grant, Tocarra Jones, Marcela Pallacoccus)

Glades Day Students teach students to celebrate smoke free awareness day May 21

More than 700 students representing 18 high schools from a five county area celebrated "Smoke Free Awareness Day" on Wednesday, May 21, at Planet Ice in Palm Beach Gardens. The students are all part of the year long program Students-Teach-Students, now in its 17th year.

The highly successful pro-

gram trains high school students to teach fifth graders about the dangers of tobacco and smoking. Many times, the teaching students are able to return to schools they once attended themselves. The students spoke to over 17,000 fifth graders in five counties over the past year.

The students will be recognized and thanked by commu-

nity leaders, the American Lung Association of Southeast Florida and local elected officials at Planet Ice, with a ceremony starting at 9:30 a.m., followed by cake and punch, and two hours of free skating time, in recognition of their volunteer work in promoting a smoke free society and the dangers of tobacco.

Glades Central teachers selected to attend Florida Center for Teachers

By Stephanie Schneider
Sun Reporter

Out of 12 Palm Beach County teachers selected to attend the prestigious Florida Center for Teachers program, two were from Glades Central Community High School.

Rosemary Buchanan and Beve Sigal were chosen out of 400 applicants to attend a week-long seminar designed to recognize and reward Florida's best teachers. Two criteria must be

passed and was what the selection was based on: passion for learning and commitment to excellence in teaching.

Participants are able to choose from a wide range of topics: blues music, archaeology, the 60's legacy, Asian religions, Florida folk culture, the sea around us, race in America and Florida as home.

Although Sigal will not be able to attend the seminar, as she previously planned,

Buchanan has signed up for the seminar. The 60's Legacy: Camelot and Armageddon.

This seminar will discuss, in depth, everything from the Kennedy administration to the Vietnam War. The Florida Center for Teachers is a program of the Florida Humanities Council. Funding for the program is provided for through the Florida Department of Education and various private owners.

Superintendent Kowal and Workforce Chair Dominicus address graduates

WEST PALM BEACH - Lois Gackenhiser, executive director of the nonprofit Nurse Assistant Training School, Inc. is pleased to announce that Joan Kowal, superintendent of the Palm Beach County School District, was one of the keynote speakers at the graduation ceremonies of the 64 high school students who attended School-to-Work programs in four district high schools.

Joining Kowal as keynote speaker was Jorge A. Dominicus, vice president of Corporate Relations for Flu-Sun, in his capacity as chair of the Palm Beach County Workforce Development Board. The School-to-Work high school program started in 1992, is made possible through the Workforce Development Board with federal Job Training

Partnership Act funds.

The Workforce Development Board is a private, nonprofit organization which provides job training assistance to an estimated 5,000 residents per year. With an annual budget of \$9 million, the Workforce Development Board promotes work force training that is responsive to the needs and concerns of Palm Beach County employers and employees.

The graduating students were all high school seniors who completed a rigorous, half-day, five day-a-week, eight-month, 390-hour, training program that qualifies them to take the State of Florida certification exam in order to become certified nursing assistants. All classes in the School-to-Work programs were held at participating high

schools with expert nursing instruction provided by Nurse Assistant Training School, Inc.

The School has a solid history of success. For example, results show that 97 percent of all nursing assistant enrollees at the School graduated, 95 percent obtained jobs, and 99 percent of graduates passed the state certification exam. In fact, most graduates are placed in jobs in area nursing homes, assisted living facilities, and home health agencies prior to graduating.

The graduates at the ceremonies hail from Glades Central Community High School, Gold Coast Community School, Lake Worth High School, and Pahokee School of Choice. The principals from each of these high schools, Effie Greer, Margaret Campbell,

David Cantley and Antoine Russell, respectively, was in attendance and addressed the students briefly.

David Cantley, principal of Lake Worth High School, is a firm supporter of the program. According to Mr. Cantley, students who would otherwise never have a financial chance to go to college are exposed to a career path and new options. "Lois' group really knows what they're doing and the quality and dedication is there," Cantley said. "It's a win-win-win program."

A special presentation was made by Tim Snow, president of George Snow Scholarship Fund, and John Boden, creator of the Daniel and Mary Lou Stiffard Memorial Health Care Scholarships. Snow and Boden presented the four

\$1,500 awards to selected graduates. The awards will pay for tuition, books, and uniforms needed to complete any of three health care programs offered at Palm Beach County's vocational schools. For individuals graduating from a certified nursing assistants' training program, this could be a once-in-a-lifetime opportunity to continue their health care profession education. This scholarship allows them to attend school at virtually no cost, and in a little over one year, they can graduate as licensed practical nurses.

Since the Nurse Assistant Training School, Inc. was founded in 1978, more than 4,000 students have graduated as nurse assistants. A leader in nurse assistant training, the school's motto - Learn,

Glades Day School:
Jacqueline Alvarez
Monica Schmidt
Christopher Stevens

Pahokee Middle/Senior High School:
Frantz Celestin
Felicia Harrison

Grow, Become - highlights the school's mission, which is to provide entry-level education to student interested in the health care profession, regardless of past history or ability to pay.

Francisco Noyola graduated from Glades Central Community High School and the School-to-Work program in May 1996. "I really didn't appreciate life and all that I had. This program made me consider all that I had to live for and to be thankful I am not on the streets," said Noyola.

Currently working at St. Anthony's County Care, an assisted living facility in Loxahatchee, Noyola added, "I think now, after working in the field, I understand what life is all about."

A May 1996 graduate of the School-to-Work program at Lake Worth High School, Yezmin Rivera now works at Medicana Nursing Home in Lake Worth. "When I finished, I felt very confident and ready to start working. I felt like I had a lot of meaning and purpose in my life for the first time," Rivera said.

Candidates for the Nurse Assistant Training School, Inc. must have a genuine caring attitude, concern for others, and a desire to succeed. In return, staff strives to help each student reach his or her highest professional and personal potential.

In addition to learning clinical skills, students are taught techniques for finding and keeping a job and are offered self-enrichment programs in order to enhance self-esteem, maintain motivation and esteem, rebuild confidence. The combination of group projects, a strong educational program, and "Work Skills" training, results in graduates who are ready and eager for the work place.

The graduation ceremonies included the school's traditional candlelight procession and was held on Tuesday, May 13, 1997 at the Joseph L. Morse Geriatric Center in West Palm Beach.

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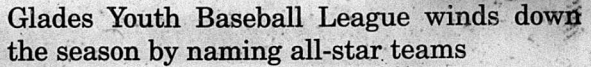
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Gilbert
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Quesada, J. L., and J. A. Llorente. 1997. *El cultivo de la vid y el vino en España*. Madrid: Editorial Síntesis.

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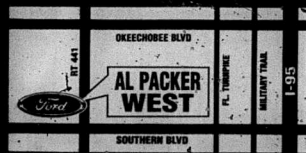
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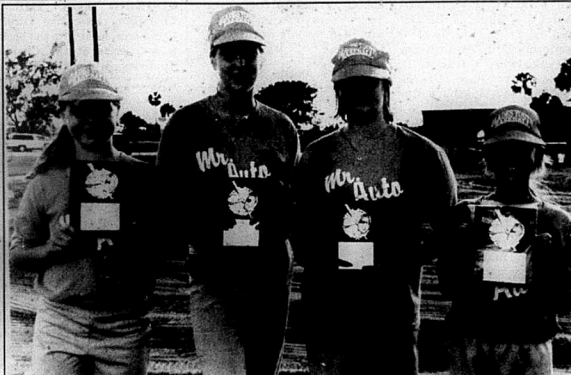


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MR. AUTO'S ALL-STARS...Jenna Garrett, Shelby Marham, Amanda Mills, and Ginnie Anderson are all smiles as they show off the All-Star plaques awarded by the league.



DUDA'S ALL-STARS...Kristen Lamoureux, Casey Brooker, Melanie Walker, and Lauren Sweet show off their All-Star plaques before the big game.



LIONS CLUB TEAM & ALL-STARS...(front left to right) Jaimie Alvarez, Courtney Allen, Brooke Allen, Karen Rodriguez, Brandi Johnson. (back left to right) Coach Sherri Paez, All-Star Jessica Paez, All-Star Corrine Tillman, All-Star Mallory Grimes, All-Star Joanna Alvarez, Michelle Rodriguez. Not pictured was Joy Lesling.

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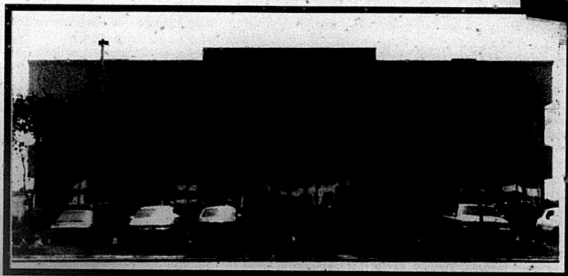
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Classified ad to read as follows:

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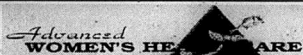


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Columbia Palms West Hospital Receives Accreditation with Commendation.

Columbia Palms West Hospital has achieved accreditation with commendation from the Joint Commission on Accreditation of Healthcare Organizations. This is the highest level of accreditation awarded by the Joint Commission, which is the nation's oldest and largest accrediting body.

Formed in 1951, the Joint Commission is dedicated to improving the quality of the nation's health care through voluntary accreditation. The on-site survey of Columbia Palms West Hospital occurred in September.

"Receiving Accreditation with Commendation is a significant achievement, one that recognizes exemplary performance by Columbia Palms West Hospital", says Dennis S. O'Leary, M.D., President, Joint Commission. "This organization should be commended for its commitment to providing quality care to the people in the community."

PEDIATRICS

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Stacey Clark, M.D.
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John S. Levin, D.P.M., Podiatry/Foot & Ankle Surgery
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Alain J. Schefer, M.D., Hand Surgery
Charles M. Sonu, M.D., Spine Surgery

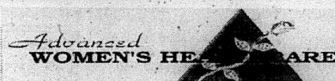
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